

## Exercise #4: Name What You Want to Manifest

*Exercise Goal: Names carry tremendous power. What you name something determines its nature for you. What are you naming the things and people in your life now, and how will you name the things and people you want to show up in your life?*

### LAWS OF THINKING EXERCISE #4: NAME WHAT YOU WANT TO MANIFEST

First, write down the names you have been calling certain events and people in your life; naming determines what they are to you. Second, what should you be naming them to be in line with God's System? Finally, name the results, events and people you want to bring into your life through manifestation.

#### What I Name Things Now

**Example:**

*The person who is hardest on me: A pain in the neck.*

*The person who is hardest on me:*

*My past failures:*

*People who say I can't do things:*

*My financial situation:*

*My work situation:*

*My own skills and talents:*

#### What I Should Be Naming Things

**Example:**

*The person who is hardest on me: Someone who demands my best.*

*The person who is hardest on me:*

## LAWS OF THINKING WORKBOOK

*My past failures:*

*People who say I can't do things:*

*My financial situation:*

*My work situation:*

*My own skills and talents:*

### **Names of What I Want to Manifest**

**Example:** My perfect mentor

1.

2.

3.

4.

5.

***Results:*** You should begin to develop a new vocabulary of success now—a new way of speaking about the people and events that enter your experience. As you discover the power of naming to shape the progress of your life, you will become hyper-aware of what you name everything and everyone, and become a more positive person as a result.